

## Leytonstone Youth Matters

(previously known as Leytonstone Youth Café) has funding from Waltham Forest Council to train local adults as community mentors. The training is free if run together with the mentor placement.

Leytonstone Youth Matters are a local charity who work in Waltham Forest. We aim to meet the needs of local young people by running projects and providing services. We work with local volunteers who we invest in and train. Since April 2012 we have trained over 50 volunteer mentors.

Leytonstone Youth Matters  
c/o 55 Wallwood Road,  
Leytonstone, E11 1AY

Company No: 6725087

Charity No: 1129444

[www.leytonstoneyouthmatters.org.uk](http://www.leytonstoneyouthmatters.org.uk)

Could you be a supportive adult, a listening ear and a guide? Mentor a young person.

For more details on to apply go to [www.leytonstoneyouthmatters.org.uk](http://www.leytonstoneyouthmatters.org.uk)

On contact Amy  
020 8558 1273  
[Amy@leytonstoneyouthmatters.org.uk](mailto:Amy@leytonstoneyouthmatters.org.uk)



Community Turf



**Train to  
be a  
Mentor**  
30 hours  
training on  
Monday  
mornings over  
12 weeks  
Sep to Dec  
School  
Placement  
On-going  
supervision

## The Placement

You will be a supportive adult, a listening ear and a guide

You will be working with young people who:

- have been identified by their school as students who would benefit from one to one support during the school day
- have self-referred in school or in a youth group setting.
- Placements are currently offered in Leytonstone School, Norlington School and Leytonstone Youth Matters youth drop-in sessions.

## The Training

**9 September – 7 October**

Monday morning 9.00 – 13.30

55 Wallwood Road, Leytonstone, E11 1AY

**And 14 October – 16 December**

Monday morning 9.00 – 12.30

Leytonstone School, Colworth Rd, E11 1JD

Developed in partnership with Community Turf, the training will include listening skills, goal setting, decision making, child protection, anger management and lots of ideas for mentoring activities

## Development

An opportunity to specialise working with vulnerable young people

Placements and further accredited training may be available for mentors to develop their skills and specialise, for example working with

- Young people being approached by gangs or extremist groups
- Young parents struggling to provide adequate care,
- Young people affected by domestic violence
- Homeless young people or young people living independently,
- Young people involved in drugs or criminal activity

*“You are the bestest mentor ever! You helped me achieve numerous things. I am most certain I couldn’t have done it without you. Thank you”* Year 9 pupil, July 2012

## Mentoring in your group

Start your own mentoring programme to address the specific issues of your group or clients.

Please talk to us if you would like to know more we can offer:

- Train the trainer and train the supervisor courses
- Supervised placements of volunteer mentors
- Jointly delivered training specific to your setting (if required)
- A network of mentors
- Joint funding bids
- Shared resources, methodology and ideas

*“Mentoring has helped me to be a bit more settled in school because I know I have someone to talk to now”* Year 9 pupil, March 2013